

Episode 57DED February 19 2025 What Zelensky said about Trump disinformation about Russia

In Episode 57DED 1 Ukraine What Zelensky Said **RAWSEP Top Excerpt Synopsis** Zelensky said Trump lives in a disinformation bubble and Zelensky said Trump made misleading statements overnight **RAWSEP View** We are seeing in real time **how Trump lies lead to hurt for the American people** and now we see how Trump lies lead to hurt for the entire nation of Ukraine which is a peaceful democratic nation only trying to defend itself 2 Europe Meeting Again in Paris European Leaders Try to Recalibrate After Trump Sides With Russia **RAWSEP View** The meeting is in Paris today Wednesday with Romania and French representatives in person and other European nations remotely meeting with them **European money set aside to fight climate change** must now be used for European defense against Russia From the article headline The Trump remarks embracing the Putin narrative that Ukraine is to blame for the war have compounded the sense of alarm among traditional allies 3A United States Trump Cuts Target Next Generation of Scientists and Public Health Leaders A core group of so called disease detectives who track outbreaks was apparently spared But other young researchers are out of jobs **RAWSEP View** **Scientific research also includes studies of the links between PM2.5 pollution and adverse effects on human health Wood burning is 90 percent PM2.5 particulate matter of 2.5 micron size the perfect size to infiltrate the human lung setting off a cascade of human health problems and human health Just do not burn wood to begin with** 3B United States Bird Flu Pandemic Scam or Not Is Fake Meat Better for You Than Real Meat? Here is what we do and do not know **RAWSEP View** If there is a Bird Flu pandemic perhaps eventually we will have to turn away from Poultry for food and turn to more of a plant based diet 4 Massachusetts and Michigan Censored Science Cannot Save Lives Main Content 1 Ukraine What Zelensky Said **RAWSEP Top Excerpt Synopsis** Zelensky said Trump lives in a disinformation bubble and Zelensky said Trump made misleading statements overnight **RAWSEP View** We are seeing in real time **how Trump lies lead to hurt for the American people** and now we see how Trump lies lead to hurt for the entire nation of Ukraine which is a peaceful democratic nation only trying to defend itself **Excerpts edited by RAWSEP for brevity and clarity and relationship to Residents Against Wood Smoke Emission Particulates a 501c3 nonprofit organization** The Guardian February 19 2025 Comments by Zelenskyy on the Ukraine situation and the Trump summary Ukrainian president Volodymyr Zelenskyy has accused the US for bringing Russia out of global isolation through holding bilateral talks in Riyadh Zelenskyy said the focus is on what support Europe can provide to Ukraine if there is a reduction in US assistance He also said US president Trump lives in disinformation bubble as he called out a number of misleading statements made by Trump overnight falsely suggesting he is not supported by Ukrainians and is blocking presential elections in the country He also pointedly rejected the current US draft deal on minerals saying it was not ready drafted under US law and offering inadequate compensation I cannot sell it away I cannot sell our state he said He rejected any suggestion of making broad concessions to Russia saying any such idea was widely rejected by Ukrainians and challenged US Ukraine envoy Keith Kellogg visiting Kyiv today to go and talk to ordinary Ukrainians about their reception of the Trump comments Zelenskyy also opposed the use of the word conflict to describe Russian invasion of Ukraine saying it is a deliberate attempt to soften the perception of the aggression 2 Europe Meeting Again in Paris European Leaders Try to Recalibrate After Trump Sides With Russia **RAWSEP View** The meeting is in Paris today Wednesday with Romania and French representatives in person and other European nations remotely meeting with them **European money set aside to fight climate change** must now be used for European defense against Russia From the article headline The Trump remarks embracing the Putin narrative that Ukraine is to

blame for the war have compounded the sense of alarm among traditional allies **RAWSEP Top Excerpt**

The Trump remarks late on Tuesday February 18 2025 when he sided fully with the Putin narrative blaming Ukraine for the war have now fortified the impression that the United States is prepared to abandon its role as a European ally and switch sides to embrace President Vladimir V Putin of Russia

**RAWSEP Excerpt at the conclusion of this article** The big question will be whether European nations follow through with increased military spending and maintain a united front without fracturing off to individually negotiate with Trump Many European leaders including Macron find themselves in fragile political and economic positions in their own countries It is very very difficult to tell your population we are going to have to make the tough choice of prioritizing European security over social issues or environmental issues

**RAWSEP View** **The Biden Harris administration began to address the real issue of climate change which would also address the real issue of the air pollution from current methods of energy generation such as dirty biomass energy generation being replaced by the clean energy sources of wind and solar with concurrent development of batteries which could store husband that clean energy for use at any time Trump is harkening back to what is described in this article as failed policies from as far back as as the eighteen hundreds the failed view America had of itself in the nineteenth century**

**Excerpts edited by RAWSEP for brevity and clarity and relationship to Residents Against Wood Smoke Emission Particulates a 501c3 nonprofit organization**

The New York Times in Paris February 19 2025 President Emmanuel Macron of France called a second emergency meeting of European allies on Wednesday seeking to recalibrate relations with the United States as Trump upends international politics by rapidly changing American alliances Macron had already assembled a dozen European leaders in Paris on Monday after Trump angered and confused the traditional allies of America by suggesting that the United States would rapidly retreat from its security role in Europe and planned to proceed with peace talks with Russia without Europe or Ukraine at the table It was a complete reversal of historic alliances that left many in Europe stunned and fearful In the vacuum Macron has tried to show leadership corralling allied leaders particularly in Europe to devise a united response The Élysée Palace announced that he would host a second emergency meeting on Wednesday stating that the interim president of Romania Ilie Bolojan would attend in person while other leaders were expected by video The meeting comes the day after Secretary of State Marco Rubio met with Russian representatives including Foreign Minister Lavrov in Riyadh Saudi Arabia to discuss a peace deal for the war in Ukraine to the fury of its president Volodymyr Zelensky who was not invited Rubio said they hammered out a three part plan which would start by re-establishing bilateral relations between Washington and Moscow and end by exploring new partnerships geopolitical and business between Russia and the United States while addressing an end of the war with Ukraine Rubio said he would consult with Ukraine the American partners in Europe and others but in the end ultimately the Russian side will be indispensable to this effort Afterward Trump blamed Ukraine for starting the war despite the fact that Russia had invaded Le Drian called it a monstrous reversal of world alliances as well as an inversion of the truth The victim becomes the attacker he said adding that the United States seemed to be retreating to a 19th century view of itself and telling an aggressive expansionist Russia to do what it wants in Europe It is the law of the strongest he said adding tomorrow it could be Moldavia and after tomorrow it could be Estonia because Putin will not stop Before Trump pronouncements on Tuesday Macron said he considered the Russian threat to Europe not just in military terms but through slyer means including cyberattacks and manipulation of electoral processes like Romania Russia constitutes an existential threat to Europeans

Macron said on Tuesday in an interview with French regional newspapers including Le Parisien and Ouest France Do not think that the unthinkable cannot happen including the worst he added Prime Minister Dick Schoof of the Netherlands said the Trump statement poured water on many of those sentiments and may now force a deeper reconsideration of the trans Atlantic alliance by European leaders Macron has been speaking for months to European leaders about forming a cease fire buffer force in Ukraine and has long called for European strategic autonomy Macron said that he expected European countries to increase their military budgets and would announce new programs to allow them to do that as early as March Already the European Commission president Ursula von der Leyen announced in a speech that she would propose an escape clause for defense investments permitting countries to fund defense without breaching the EU strict fiscal rules which aim to keep budget deficits of each country under 3 percent of the size of each economy This will allow member states to substantially increase their defense expenditure she said Europeans are also discussing joint spending on defense including how to finance those which could involve issuing joint debt though that is still up for debate They are also talking about how to ramp up the development of European defense industries Over the past week the steadfast position of Europe that held the United States as the central pole of its defense guarantee seems to be changing

3A United States Trump Cuts Target Next Generation of Scientists and Public Health Leaders A core group of so called disease detectives who track outbreaks was apparently spared But other young researchers are out of jobs [RAWSEP View](#) Scientific research also includes studies of the links between PM2.5 pollution and adverse effects on human health Wood burning is 90 percent PM2.5 particulate matter of 2.5 micron size the perfect size to infiltrate the human lung setting off a cascade of human health problems and human health Just do not burn wood to begin with [Excerpts edited by RAWSEP for brevity and clarity and relationship to Residents Against Wood Smoke Emission Particulates a 501c3 nonprofit organization](#) The New York Times February 18 2025 The notices came all weekend landing in the inboxes of federal scientists doctors and public health professionals: Your work is no longer needed At the National Institutes of Health the US premier biomedical research agency an estimated 1200 employees have been dismissed At the Centers for Disease Control and Prevention two prestigious training programs were gutted: one that embeds recent public health graduates in local health departments and another to cultivate the next generation of PhD laboratory scientists But the CDC Epidemic Intelligence Service the disease detectives who track outbreaks around the world has apparently been spared perhaps because of an uproar among alumni after a majority of its members were told on Friday that they would be let go The Trump plan to shrink the size of the federal work force dealt blows to thousands of civil servants in the past few days But the cuts to the Department of Health and Human Services coming on the heels of the coronavirus pandemic the worst public health crisis in a century have been especially jarring Experts say the firings threaten to leave the country exposed to further shortages of health workers putting Americans at risk if another crisis erupts A former deputy CDC director said many health professionals can earn more in the private sector but choose to join the government because they are drawn to public service The terminations would make it harder to attract new talent he said

3B United States Bird Flu Pandemic Scam or Not Is Fake Meat Better for You Than Real Meat? Here is what we do and do not know [RAWSEP View](#) If there is a Bird Flu pandemic perhaps eventually we will have to turn away from Poultry for food and turn to more of a plant based diet [Excerpts edited by RAWSEP for brevity and clarity and relationship to Residents Against Wood Smoke Emission Particulates a 501c3 nonprofit organization](#) The New York Times February 17 2025 You have probably

heard these two bits of nutrition advice: Eat more plants and cut back on ultraprocessed foods. So where does that leave fake meat burgers, sausages, nuggets, and other products sold by companies like Beyond Meat and Impossible Foods? They are made from plants like soybeans and peas but also highly processed. Nutrition experts say that there may be benefits. But while it is clear that eating red meat and processed meat is associated with health risks like heart disease, some types of cancer, and earlier death, we really do not yet know how fake meat alternatives might affect our health in the long term. Two scientific reviews both published in 2024 suggest a few patterns. Compared with regular meat like ground beef, pork, sausages, and chicken, the plant-based versions typically have fewer saturated fats, a category of fats that have been linked to heart disease, and similar or slightly lower levels of protein. A four-ounce burger made with 85 percent lean ground beef contains 65 grams of saturated fat. An equivalent size Impossible Burger has six grams of saturated fat, and a Beyond Burger has just two grams. On the other hand, a Gardein Ultimate Plant-Based Burger has nearly 40 percent more saturated fat, nine grams, when compared with ground beef. When it comes to protein levels, the burgers are a lot more similar: The beef patty has 21 grams of protein, while the three plant-based versions have between 19 and 21 grams. Plant-based meat products also typically contain some fiber, a nutrient associated with reduced risks of Type 2 diabetes, colorectal cancer, and heart disease. An Impossible Burger has five grams, a Beyond Burger has two grams, and a Gardein patty has one gram. Real meat lacks fiber entirely. The main nutritional downside of plant-based meats is that they tend to contain far more sodium than uncooked and unprocessed meats like ground beef, pork chops, and chicken breast. Use sources of plant protein like beans, lentils, tofu, and tempeh. Swapping plant-based foods like legumes and whole grains for meat, for instance, is linked to reduced risks of heart disease and Type 2 diabetes. These foods are typically cheaper, too. Beans, peas, and lentils hands down over the Beyond Burger. Dr. Gardner said, "You can also try fish and chicken as healthier alternatives to red meat and processed meat. Use a portobello mushroom for your burger patty instead of ground beef. That is a real alternative."

4 Massachusetts and Michigan Censored Science Cannot Save Lives **RAWSEP Key Excerpt and article conclusion** Several generations ago, a pioneering Soviet endocrinologist and the great grandmother of Dr. Rashel Israelson was denounced during the Stalin anti-cosmopolitan campaign for the crime of citing Western scientific sources in her dissertation. She lost her laboratory, and her freshly published book was incinerated in the boiler room of the Russian Scientific Institute. Nearly 80 years later, our work feels similarly imperiled. **Excerpts edited by RAWSEP for brevity and clarity and relationship to Residents Against Wood Smoke Emission Particulates a 501c3 nonprofit organization** The New York Times, February 18, 2025. In our careers as pulmonary and critical care doctors, we have witnessed a revolution in treating asthma, a disease that affects one in 12 Americans. Newer medications make it possible to reverse the course of the disease and bring people with severe asthma into remission. Censoring research on how to deliver treatments to those most in need is not just nonsensical; it puts lives at risk and undermines medical innovation in America. Progress cannot occur if scientists are barred from asking certain questions. This is not how science works. **Work related to the effects of climate change on human health may also soon be on the chopping block, just as infectious diseases expand their global reach** Federal investment in American research and open scientific dialogue have been the lifeblood of medical breakthroughs, changing the outlook for patients not only with asthma but also with cystic fibrosis, lung cancer, diabetes, and heart failure. These administrative decrees demoralize health workers, stifle innovation, compromise clinical trials, delay the development of new treatments, and harm our patients.