Podcast Episode: Webisode 57DHYAFZZFLF October 25 2026 Make Halloween less Hellish

Pip: It's almost Halloween, which means the air should smell like fallen leaves and caramel apples — not wood smoke, which is what RAWSEP is here about.

Mara: This episode covers one post from lindakarr904744833, and it's doing a lot at once — food, fashion, lace-making traditions, and a reminder about air quality that ties it all together. Let's start with making Halloween a little less hellish.

Making Halloween Less Hellish — and a Lot More Delish

Pip: The post sets up Halloween as a design problem — not just costumes and candy, but what you eat, what you wear, and what you burn or don't burn. The question underneath all of it is whether the holiday can be reoriented toward something gentler.

Mara: The food side opens with a real seasonal menu. The post lands here: "Try Spinach Green Goddess Sauce for a light creamy alternative made by blanching baby spinach and basil with cashews with garlic, lemon juice, and parmesan spooned on Halloween pasta."

Pip: So instead of a bag of candy corn and regret, you're building a whole October 25th through October 31st pasta week — World Pasta Day as a launchpad straight into Halloween dinner.

Mara: Exactly, and the post is specific about the options. Pesto with greenery, Angel Hair Pasta, Angel Food Cake for dessert, and then the classic Roman Cacio e Pepe made with Pecorino Romano cheese — though the post notes, honestly, "I would skip the pepper myself."

Pip: Dietary honesty — a rare Halloween treat.

Mara: From food the post pivots to clothing, and it's equally specific. White dress clothes instead of black, sleeves past the wrist, and lace that looks "as if crocheted by nuns" rather than expensive Venetian satin.

Pip: Which leads into a genuinely detailed survey of Irish lace traditions — Carrickmacross, Limerick, Clones Lace with its signature rolled dots and nature-inspired motifs, Kenmare and Youghal Needlepoint Lace, promoted historically by religious orders like the Poor Clares.

Mara: And for anyone who wants to make rather than buy, the post walks through accessible alternatives: Filet Crochet, Hairpin Lace, Broomstick Lace, Needle Tatting and Shuttle Tatting — described as producing delicate, sturdy edgings similar in scale to fine crochet. Projects suggested include a veil, collar, or a doily.

Pip: Choosing good works to work on instead of eating candy — which is, honestly, the most ambitious Halloween reframe I've encountered.

Mara: And the post brings it back to the core RAWSEP message directly: don't burn wood, even under peer pressure. Grab a pumpkin, act sensibly, and "Celebrate Halloween as if All Saints Day has already arrived."

Pip: Food, fabric, and air quality — not the usual Halloween trio, but here we are.

Mara: The throughline is that small choices add up. Next episode, we'll see what else is on the calendar.